

ITHE MILLION DOLLAR VIEW!



Yachana Lodge is located in the community of Puerto Rico - Chontapunta - Tena - Napo.



## ITENERARY



## ALL INCLUDED

4 NIGHTS - 5 DAYS





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## DAY 1

**12:00 – 18:00 | CHECK IN** (Arrival by airplane - lunch at Yachana Lodge / Arrival by road – lunch on the way.)

Our team will welcome you with a delicious snack and a refreshing welcome drink made with the exotic "guayusa" plant. During check-in, we will offer you a detailed introduction to the services and facilities that we offer.

#### 18:00 - 19:00 | MAGICAL VIEW

Enjoy the magical view of the sunset over the Napo River, the majestic Amazon jungle and the Andes Mountains on the horizon.

#### 19:00 – 20:00 | GASTRONOMICAL MAGIC DINNER

Enjoy a culinary experience in the hands of our talented local chef. Enjoy our meals of the day, savoring the authentic and distinctive flavors of Ecuadorian gastronomy. Each dish is carefully prepared to highlight local ingredients.



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## DAY 2

#### 6:00 - 7:30 | BIRD WATCHING (OPTIONAL)

Discover the diversity of birds in our 1000 hectares (2,500 acres) reserve. Explore and identify birds by their sounds and colors and connect with nature in its purest state. You will see more birds from our open safari-truck than you would in virtually any other way.

#### 7:30 - 8:30 | TRADITIONAL BREAKFAST

Enjoy a unique, filling, local receipt breakfast of "majado with peanut sauce" in our beautiful dining hall.

#### 8:00 – 10:30 | VISIT TO A SUSTAINABLY INTEGRATED AMAZON FARM

Explore a typical Amazonian farm with a local farmer. Learn about his sustainable farming techniques and get to try fresh harvested seasonal fruits. Discover the world of beekeeping with honey from melipona stingless bees, native to the Amazon.

# **10:30 – 12:30 |** VISIT TO THE YACHANA FOUNDATION PROJECTS

Discover the conservation, agricultural and development projects of the Yachana Foundation. Learn about research, education and sustainability programs and how Yachana has become the Bio-Campus for a university.



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#### 12:30 – 14:00 | COOKING CLASS & LUNCH

Participate in preparing your Amazonian lunch with our local chef. This will consist of a traditional dish, "Maito de Pescado", with fresh ingredients from the farm like yucca, heart of palm salad and stinging nettles.

#### 14:30 – 17:30 | HIKE TO THE WATERFALL

Explore the walk to the "Spiritual Sanctuary" waterfall. The waters of this waterfall come from natural springs that originate within our forest reserve. Enjoy its beauty and refresh your skin with a facial clay therapy.

#### 19:00 - 20:00 | DINNER WITH A VIEW

Weather permitting, dine overlooking the Napo River, the forest with the Andes in the background. Enjoy dishes prepared with fresh ingredients and authentic flavors of the region while sharing stories with your travel companions and possible visitors.

#### 20:00 - 21:00 | NIGHT WALK (OPTIONAL)

Embark on a night walk through the Amazon jungle accompanied by an expert guide. Equipped with flashlights, experience the nightlife of the jungle where 70% of the fauna are active, and be amazed by the magic of nature in its purest state.







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### DAY 3

#### 7:30 - 8:30 | BREAKFAST

#### 8:30 - 11:30 | HIKE IN THE JUNGLE

Join a beautiful walk through the Amazon rainforest with our bilingual guide. Discover the diversity of flora and fauna as you explore hidden trails. Learn about medicinal plants, survival techniques and the effects of climate change on the forest. Immerse yourself in an unforgettable experience of connection with nature in the unique Amazon Rainforest.

#### 13:00 - 14:00 | LUNCH

The chef will surprise you with the main dishes and delicious dessert.

#### 14:30 – 18:00 | ACTIVITY ON THE NAPO RIVER (TUBING)

Explore the majestic Napo River in a motorized canoe. Float on the water with life jackets and inner-tubes, observing life along the river bank.

#### 19:00 - 20:00 | DINNER

If weather permits, dine on our deck over looking the Napo River.













## DAY 4

#### 7:30 - 8:30 | BREAKFAST

Enjoy pancakes with sugar cane syrup, scrambled eggs and seasonal fruit, accompanied by coffee or tea.

#### 9:00 - 12:30 | VISIT TO A KICHWA FAMILY

Immerse yourself in the ancestral culture of a Kichwa family, guided by an indigenous healer who will offer you an energy cleansing ceremony. Learn how to prepare and try chicha de yucca, a traditional drink and a staple in the diet with the local indigenous people, with a unique method of preparation. Have fun in a competition with a blow gun and spear.

#### 13:00 - 14:00 | LUNCH

Learn about the craftsmanship involved in making chocolate and participate in all aspects of its production. And afterwards - Enjoy a fresh banana covered in your chocolate!

#### 15:00 – 16:30 | CHOCOLATE EXPERIENCE

Aprende sobre la artesanía del chocolate nacional y participa en su elaboración, desde la selección hasta la degustación. Disfruta de una taza de chocolate caliente preparada por ti mismo.

#### 19:00 – 20:00 | DINNER UNDER THE STARS

Weather permitting, enjoy dinner in our open deck, creating a unique and unforgettable experience as you reflect on your stay at Yachana Lodge.



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## DAY 5

7:00 – 8:00 | BREAKFAST & DEPARTURE (time depending on mode of transport; air, road, river) Enjoy breakfast with the birds singing from our viewpoint, an experience that will stay with you forever.

#### 8:00 - 9:00 | CHECK OUT



There will be multiple times when you can interact with Douglas McMeekin, known as "The Crazy Gringo"; the founder of Yachana and one of the idols and visionaries from the region who has fought to protect the Amazon Rainforest and help local communities for nearly four decades.



#### **RECOMMENDED TO BRING**



- Insect repellent
- Water bottle
- Sun block
- Comfortable and quick drying clothing
- Hiking shoes

- lat Hat
- Swimming suit
- Flashlight / headlamp
  Rain Ponchos
- 👌 ≽ Rain jacket
  - Binoculars

#### LODGE WILL PROVIDE

- Rubber Boots